25. LEAF MANDALA

Beauty: engage with nature through art.

Linked to meaning and contact

Objective:

To create a mandala pattern on the floor using different leaves.
To begin to recognise different types of leaf.

You can use all sorts of natural materials to make a mandala. Why not use pinecones and tree seeds, or pebbles and twigs?

Resources

Essential:	Optional:
Leaves of different colours	Plain white sheet or piece of paper Plastic pocket/paper bag Examples of mandalas Identification charts

Hints & Tips

What is a mandala pattern? A round picture that radiates out from a central point. It is usually symmetrical, and its circular shape represents the universe. Many religions and spiritual groups use this symbol to help meditate and connect with their deities and the universe.

You could use tree and leaf identification charts to work out which tree provided the leaves for your mandala.

Instructions:

1. For inspiration, start by looking around nature for circular shapes and things that are symmetrical (tree rings, spiders webs, snail shells, flowers, seeds).
2. Ask the children and families to spend some time collecting fallen leaves.
3. Then ask the children to find one special item. This is going to be the centre of their mandala.
4. Clear a space on the floor for your mandala or put down a white sheet or piece of paper.
5. Ask the children to place their special item in the middle, and then create a circle around it using leaves – they could be the same colour or shape or a mixture. Be creative!
6. As the children continue to add circles around their special item, their mandalas will gradually get larger and larger. They may need to collect more leaves!

Plenary/Wrap Up

Spend some time looking at everyone's mandalas. What colours did they use? What shaped leaves?

How long do you think they will last? How could we protect them?

Follow-on activities: Trees, leaves and seeds (no 7 & 21), Meet a tree (no 5) Fabulous fungi (no 32) and Squirrel cache (no 20).

RSPB Wild Challenge

Shake a Tree
Plant a Tree
Spot it!

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25. MANDALA DAIL

Harddwch: ymgysylltu â byd natur drwy waith celf.

Cysylltiedig ag ystyr a chyswllt.

Amcan:

Creu patrwm mandala ar y llawr gan ddefnyddio gwahanol ddail
I ddehcrau adnabod mathau gwahanol o ddail.

Gallwch ddefnyddio deunyddiau naturiol o bob math i wneud mandala. Beth am ddefnyddio moch coed a hadau coed, neu gerrig a brigau?

Adnoddau

Hanfodol:	Dewisol:
Dail o wahanol liwiau	Cynfas wen blaen neu ddarn o bapur
	Poced blastig/bag papur
	Enghreifftiau o fandalâu
	Siartiau adnabod

Cyfarwyddiadau:

1. I gael ysbrydoliaeth, dechreuwch drwy edrych o gwmpas byd natur am siapiau crwn a phethau sy'n gymesur (cylchoedd coed, gwe corryn, cregyn malwod, blodau, hadau).

2. Gofynnwch i'r plant a'r teuluoedd dreulio ychydig o amser yn casglu dail sydd wedi disgyn.

3. Yna gofynnwch i'r plant ddod o hyd i un eitem arbennig. Yr eitem hon fydd canol eu mandala.

4. Gwnewch le gwag ar y llawr ar gyfer eich mandala neu rhowch gynfas wen neu ddarn o bapur ar y llawr.

5. Gofynnwch i'r plant roi eu heitem arbennig yn y canol, yna creu cylch o'i chwmpas gan ddefnyddio dail – gallent fod yr un lliw neu siâp neu'n gyfuniad. Byddwch yn greadigol!

6. Wrth i'r plant ddal i ychwanegu cylchoedd o amgylch eu heitem arbennig, bydd eu mandalâu yn mynd yn fwy ac yn fwy. Efallai y bydd angen iddynt gasglu mwy o ddail!

Awgrymiadau

Beth yw patrwm mandala? Llun crwn sy'n pelydru allan o bwynt canolog. Fel arfer mae'n gymesur, ac mae ei siâp crwn yn cynrychioli'r bydysawd. Mae llawer o grefyddau a grwpiau ysbrydol yn defnyddio'r symbol hwn i'w helpu i fyfyrio a chysylltu â'u duwdod a'r bydysawd.

Gallech ddefnyddio siartiau adnabod coed a dail i ganfod pa goeden sydd wedi darparu'r dail ar gyfer eich mandala.

Grŵp llawn / crynodeb

Treuliwch ychydig o amser yn edrych ar fandala pawb. Pa liwiau wnaethon nhw eu defnyddio? Pa siâp oedd y dail?

Am faint o amser rydych chi'n meddwl y byddan nhw'n para? Sut fydden ni'n gallu eu diogelu?

Gweithgareddau dilynol: Coed, dail a hadau (rhif 7 & 21), Cyfarfod coeden (rhif 5), Ffyngau ffantastig (rhif 32) and Celc y wiwer (rhif 20).

Sialens Wyllt RSPB

Ysgwyd Coeden
Plannwch Goeden
Chwiliwch!

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