

Countryside on your doorstep



This page helps you find out more about the Rhymney Trail.

Useful information is set out under the following headings:

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Rhymney Trail

Summary

In recent years Cardiff Council has started to develop a footpath and cycle trail alongside the River Rhymney.

It is now possible to start on the foreshore and follow the route up to Llanederyn village. Future work will seek to further extend the trail into the countryside beyond.

The Trail is mostly off-road although there are some sections sharing road space. It passes through many attractive areas. In fact, the variety is quite stunning including the coast, reedbeds, lake, marsh, woodlands and scrub.

It is used as a commuting route as well as for recreational purposes. As more people have become aware of the route it has become more popular. If the success of the Taff Trail is anything to go by, there is great potential for this route.

Features of Interest

History

There is evidence of Roman activity in the lower reaches of the Rhymney Valley.

However, the Rhymney does not possess such a legacy as the Taff from the industrial revolution.





Rhymney Trail cont...

Countryside on your doorstep

The Wentloog Levels area at the mouth of the river was man-made - reclaimed from the sea and protected by a sea wall. The Rhymney Trail starts on the sea wall right next to lowest trig point in Cardiff.

Nature

The range of wildlife along the Trail is quite exceptional. Starting in the Wentloog Levels with its deep reens it's common to spot Herons and birds associated with the Severn Estuary.

The trail then passes by the lake at Tredelech Park and over Rumney Hill to the wide expanses of the Rhymney floodplain. Reedbeds, scrapes and marshes provide a great habitat for wildlife. The river itself is a valuable wildlife corridor.

Recreation

The Trail is used by cyclists and walkers throughout the year. It also passes through a number of parks including Tredelech Park, Rumney Hill Gardens and the large area of pitches on the flood plain.

Facilities

The trail passes through Rumney where local facilities are available.

Access Within

On the off road sections the trail is generally flat and has a stonedust surface.

Steep slopes are encountered traversing Rumney Hill but the section on the Levels and Floodplain are flat.

Getting There

By foot - The Trail is easily accessed from the surrounding communities of Rumney and Llanrumney. Access points are also available from Llanederyn, Pentwyn and Llanederyn Village.





Rhymney Trail cont...

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By bus - There are numerous bus routes along the roads in Rumney and Llanrumney. Details of bus routes and services can be found at

www.cardiffbus.co.uk

By train - There are no train stations close to the Trail. However, Cardiff Central Station is adjacent to Cardiff Bus Station which has good links to the rest of the city. Details of train services can be found at www.nationalrail.co.uk

By car - There are a number of locations within Rumney and Llanrumney to park within relatively easy distance of the Trail.

Nearby

The Trail passes close to the Rumney district centre. Other open spaces not too far away include:

Tredelerch Park

A recently created park with impressive lake.

Parc Coed y Nant

Situated adjacent to Pentwyn Leisure Centre.

Rhymney Valley

Open countryside alongside the River Rhymney

What You Said

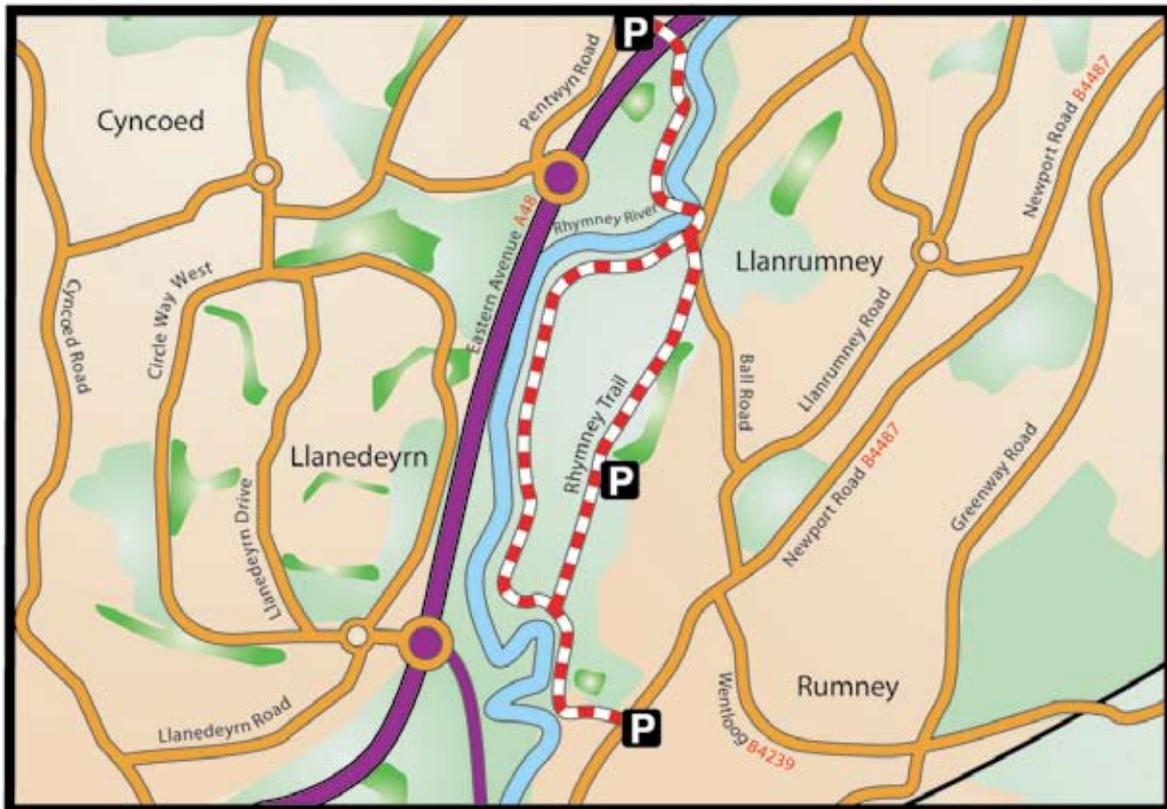
"I'm sure more people will use this track when they find it out- it's great"

"I like to stop and watch the birds by the big bend in the river. It's my special place"





Rhymney Trail cont...



Information and Contacts

The Trail is owned by Cardiff County Council and managed by the Parks Section.

Further information about the park and any current events can be obtained from the [Parks Website](#).

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